

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9:00-Craft Social, Redbud 11:00-Learn to Knit with Judy Lesson 5 of 6, Redbud 12:30-Melody Makers: All Instruments, Wellness Rm. 2:30-Chair Volleyball PostOakA 2:30-Hula Hoop, Beginners Encouraged, Hoops Available to Borrow During Class, Elm	3 9:00-Bridge, Post Oak-B 10:00-Power Talk: Saving Money on Home & Auto During Retirement Redbud 10:00-Learn to Play Texas Hold 'Em, Post Oak-B 11:00-Games, Post Oak-B 1:00-Mah Jongg 101, Play Feb 3 & 10, Redbud \$5	4 9:00-Pop-Up Valentine Card, Redbud -\$2 11:00-Games, Post Oak-B 12:30-Music Sing Along with Bill, New Singers Welcome, Redbud 1:00-Tech Connect, Post Oak-A 1:30-Rhythmic Hand Drumming with Derek, Wellness Rm. 2:30-Hula Hoop, Elm	5 9:00-Pinochle, Post Oak-B 9:00-Open Play Mah Jongg, Intro Levels Welcome Post OakB 11:00-Games, Post Oak-B 1:00-Origami for Beginners - Valentine Themed Redbud \$2 1:30-Smart Senior Series: Emergency Readiness for Seniors, Post Oak-A 1:30-42 Dominos Post Oak-B	6 10:00-Bridge, Redbud 10:00-Intro to Fly Fishing with Russell, Wellness Rm. 10:00-Open Play Mah Jongg Post Oak-B 
9 9:00-Craft Social, Redbud 11:00-Learn to Knit with Judy Lesson 6 of 6, Redbud 12:30-Melody Makers, Wellness 2:30-Chair Volleyball PostOakA 2:30-Hula Hoop, Beginners Encouraged, Hoops Available to Borrow During Class, Elm	10 9:00-Book Club, Redbud 9:00-Bridge, Post Oak-B 10:00-Learn to Play Texas Hold 'Em, Post Oak-B 11:00-Games, Post Oak-B 1:00-Bingo, Post Oak-A \$2 1:00-Mah Jongg 101, Play Feb 3 & 10, Redbud \$5 3:30-Book Club PM Wellness	11 9:00-Clay Art- Chinese New Year of the Horse, Redbud \$3 11:00-Games, Post Oak-B 12:30-Music Sing Along, Redbud 1:00-Tech Connect, Post Oak-A 1:30-Rhythmic Hand Drumming with Derek, Wellness Rm. 2:30-Hula Hoop, Elm	12 9:00-Mah Jongg Wellness Rm. 10:00- Cricut Valentine's Door Plaque \$5, Redbud 11:00-Games, Wellness Rm. 1:00-Cooking Class- Egg Frittata & Berry Pancake, Kitchen , \$15 1:30-42 Dominos Wellness Rm. 2:00-Love & Laughter, Post Oak \$5	13 10:00-Bridge, Redbud 10:00-Open Play Mah Jongg Post Oak-B 12:00-Birthday Karaoke, Post Oak-A , Is your Birthday in February? Join us for a celebration including songs, sweets, & laughs!
16 9:00-Craft Social, Redbud 12:30-Melody Makers, Wellness 2:30-Chair Volleyball PostOakA 2:30-Hula Hoop, Beginners Encouraged, Hoops Available to Borrow During Class, Elm	17 9:00-Bridge, Post Oak-B 10:00-Learn to Play Texas Hold 'Em, Post Oak-B 11:00-Games, Post Oak-B 1:00-Mah Jongg 101, Play Feb 17 & 24, Redbud \$5	18 9:00-Pop Art Collage- George Washington, Redbud , \$3 10:00-Heart Health, Post Oak-A 11:00-Games, Post Oak-B 1:00-Tech Connect, Post Oak-A 1:00-You Can Paint-Love Birds, Watercolor, Redbud \$40 1:30-Rhythmic Hand Drumming with Derek, Wellness Rm. 2:30-Hula Hoop, Elm 2:30-ABCs of Photography with Terry Ip, Post Oak-A	19 9:00-Mah Jongg Post Oak-B 11:00-Games, Post Oak-B 1:00-Origami, for Beginners Redbud , \$2 1:00-Cooking Class- Pasta Primavera & Orange Kiss Me Cake, Kitchen , \$15 1:30-42 Dominos Wellness Rm.	20 9:00-Eight-Ball Pool Tournament, *Please arrive early to allow for enough play time, Cedar Lounge \$2 10:00-Fly Casting with Russell, Wellness Rm. 10:00-Bridge, Redbud 10:00-Mah Jongg Post Oak-B 1:30-Spuds & Show Post Oak-A \$3
23 9:00-Craft Social, Redbud 12:30-Melody Makers, Wellness 2:30-Chair Volleyball PostOakA 2:30-Hula Hoop, Beginners Encouraged, Hoops Available to Borrow During Class, Elm	24 9:00-Bridge, Post Oak-B 10:00-Open Play Texas Hold 'Em, Post Oak-B 11:00-Games, Post Oak-B 1:00-Mah Jongg 101, Play Feb 17 & 24, Redbud \$5-Registration Required	25 9:00-Paper Roll Art Flowers Redbud -\$2 10:00-Power Talk: Step Master Plan, Post Oak-A 11:00-Games, Post Oak-B 12:30-Music Sing Along, Redbud 1:00-Tech Connect, Post Oak-A 1:30-Rhythmic Hand Drumming with Derek, Wellness Rm. 2:30-Hula Hoop, Elm	26 9:00-Open Play Mah Jongg Post Oak-B 11:00-Games, Post Oak-B 1:00-Bingo, Post Oak-A 1:00-Cooking Class- Baked Salmon and Iced Lemon Souffle, Kitchen , \$15 1:30-42 Dominos Post Oak-B	27 10:00-Fly Tying with Russell, Wellness Rm. 10:00-Bridge, Redbud 10:00-Mah Jongg Post Oak-B

Love & Laughter

Thursday, February 12 | 2 - 4 PM
Post Oak Hall - A

A social afternoon where guests enjoy humor, fun activities, and a touch of Valentine's charm.
Registration Opens January 20.
\$5 per person



Intro to Fly Fishing

Fridays with Russel Husted
Feb. 6, 20, and 27 at 10 AM

Discover the fundamentals of fly fishing with a professional, passionate, and fun instructor! Learn essential casting techniques, gear basics, and streamside tips to get you confidently started.

Origami

Join Norma Eng, a well-experienced origami instructor who makes learning easy, fun, and inspiring! No experience needed, just a love for creativity.

Thursday, February 5 & 19 at 1 PM
In the Redbud, \$2 per person

Cricut

Hello Beginner Cricut Lovers! Join the joy of creativity in this hands-on class guided by the very skilled Beth Simon.

Learn how to cut and apply permanent vinyl onto a heart themed door plaque.

Thursday, February 12 at 10 AM
In the Redbud, \$5 per person



POWER TALKS

- **Tuesday 3rd at 10 AM:** Brett Oliver, Ram Insurance Services, Saving Money on Home & Auto During Retirement -Light Breakfast Provided, registration required, in Redbud.
- **Thursday 5th at 1:30 PM:** Smart Senior Series with Sr. Downsizing Experts "Be Prepared, Not Scared" in the Post Oak-A
- **Wednesday 18th at 10 AM:** Heart Health with Monica, Health Hive and free screenings from local nonprofit Black Heart Association, in the Post Oak-A
- **Wednesday 25th at 10 AM in the Post Oak-A:** *Step Master Plan for Active Aging* with Dr Jason Meyer.
- **Butch Headding with United Healthcare in the Social Lobby from 10 AM – Noon, Fridays February 13, 20, and 27.** Have you Lost Your Doctor?

COOKING & PAINTING CLASSES

Step into a Culinary Experience with Grace at the ACTIV Kitchen!

Learn from a professional caterer, Grace Clearsen, and become empowered to execute each dish with bold flavors and fun!

Egg Frittata and Berry Pancakes

Thursday, Feb. 12 | 1-3 PM | \$15

Pasta Primavera and Orange Kiss Me Cake

Thursday, Feb. 19 | 1-3 PM | \$15

Baked Salmon and Iced Lemon Souffle

Thursday, Feb. 26 | 1-3 PM | \$15

OIL PAINTING WITH CHRISTEN:

Wednesday, Feb 18 | 1-4 PM | \$40

You Can Paint "Love Birds" Watercolor

All supplies included, Redbud



**2061 W. GREEN OAKS BLVD
ARLINGTON, TX 76013**

PHONE: 817-575-3400

**FEBRUARY
2026**

**SOCIAL SIDE HOURS:
(WEST ENTRANCE)**

Monday-Friday 8AM-5PM

**ACTIVE SIDE HOURS:
(SOUTH ENTRANCE)**

**Monday-Friday 6AM - 8PM
Saturday 8AM - 5PM
Sunday 12PM-5PM**

