


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9:00-Craft Social, <a href="#">Redbud</a> 11:00-Learn to Knit with Judy Lesson 5 of 6, <a href="#">Redbud</a> 12:30-Melody Makers: All Instruments, <a href="#">Wellness Rm.</a> 2:30-Chair Volleyball <a href="#">PostOakA</a> 2:30-Hula Hoop, Beginners Encouraged, Hoops Available to Borrow During Class, <a href="#">Elm</a>	3 9:00-Bridge, <a href="#">Post Oak-B</a> 10:00-Power Talk: Saving Money on Home &Auto During Retirement <a href="#">Redbud</a> 10:00-Learn to Play Texas Hold 'Em, <a href="#">Post Oak-B</a> 11:00-Games, <a href="#">Post Oak-B</a> 1:00-Mah Jongg 101, Play Feb 3 & 10, <a href="#">Redbud</a> \$5	4 9:00-Pop-Up Valentine Card, <a href="#">Redbud</a> -\$2 11:00-Games, <a href="#">Post Oak-B</a> 12:30-Music Sing Along with Bill, New Singers Welcome, <a href="#">Redbud</a> 1:00-Tech Connect, <a href="#">Post Oak-A</a> 1:30-Rhythmic Hand Drumming with Derek, <a href="#">Wellness Rm.</a> 2:30-Hula Hoop, <a href="#">Elm</a>	5 9:00-Pinochle, <a href="#">Post Oak-B</a> 9:00-Open Play Mah Jongg, Intro Levels Welcome <a href="#">Post OakB</a> 11:00-Games, <a href="#">Post Oak-B</a> 1:00-Origami for Beginners - Valentine Themed <a href="#">Redbud</a> \$2 1:30-Smart Senior Series: Emergency Readiness for Seniors, <a href="#">Post Oak-A</a> 1:30-42 Dominos <a href="#">Post Oak-B</a>	6 10:00-Bridge, <a href="#">Redbud</a> 10:00-Intro to Fly Fishing with Russell, <a href="#">Wellness Rm.</a> 10:00-Open Play Mah Jongg <a href="#">Post Oak-B</a> 
9 9:00-Craft Social, <a href="#">Redbud</a> 11:00-Learn to Knit with Judy Lesson 6 of 6, <a href="#">Redbud</a> 12:30-Melody Makers, <a href="#">Wellness</a> 2:30-Chair Volleyball <a href="#">PostOakA</a> 2:30-Hula Hoop, Beginners Encouraged, Hoops Available to Borrow During Class, <a href="#">Elm</a>	10 9:00-Book Club, <a href="#">Redbud</a> 9:00-Bridge, <a href="#">Post Oak-B</a> 10:00-Learn to Play Texas Hold 'Em, <a href="#">Post Oak-B</a> 11:00-Games, <a href="#">Post Oak-B</a> 1:00-Bingo, <a href="#">Post Oak-A</a> \$2 1:00-Mah Jongg 101, Play Feb 3 & 10, <a href="#">Redbud</a> \$5 3:30-Book Club PM <a href="#">Wellness</a>	11 9:00-Clay Art- Chinese New Year of the Horse, <a href="#">Redbud</a> \$3 11:00-Games, <a href="#">Post Oak-B</a> 12:30-Music Sing Along, <a href="#">Redbud</a> 1:00-Tech Connect, <a href="#">Post Oak-A</a> 1:30-Rhythmic Hand Drumming with Derek, <a href="#">Wellness Rm.</a> 2:30-Hula Hoop, <a href="#">Elm</a>	12 9:00-Mah Jongg <a href="#">Wellness Rm.</a> 10:00- Cicut Valentine's Door Plaque \$5, <a href="#">Redbud</a> 11:00-Games, <a href="#">Wellness Rm.</a> 1:00-Cooking Class- Egg Frittata & Berry Pancake, <a href="#">Kitchen</a> , \$15 1:30-42 Dominos <a href="#">Wellness Rm.</a> 2:00-Love & Laughter, <a href="#">Post Oak</a> \$5	13 10:00-Bridge, <a href="#">Redbud</a> 10:00-Open Play Mah Jongg <a href="#">Post Oak-B</a> 12:00-Birthday Karaoke, <a href="#">Post Oak-A</a> , Is your Birthday in February? Join us for a celebration including songs, sweets, & laughs!
16 9:00-Craft Social, <a href="#">Redbud</a> 12:30-Melody Makers, <a href="#">Wellness</a> 2:30-Chair Volleyball <a href="#">PostOakA</a> 2:30-Hula Hoop, Beginners Encouraged, Hoops Available to Borrow During Class, <a href="#">Elm</a>	17 9:00-Bridge, <a href="#">Post Oak-B</a> 10:00-Learn to Play Texas Hold 'Em, <a href="#">Post Oak-B</a> 11:00-Games, <a href="#">Post Oak-B</a> 1:00-Mah Jongg 101, Play Feb 17 & 24, <a href="#">Redbud</a> \$5	18 9:00-Pop Art Collage- George Washington, <a href="#">Redbud</a> , \$3 10:00-Heart Health, <a href="#">Post Oak-A</a> 11:00-Games, <a href="#">Post Oak-B</a> 1:00-Tech Connect, <a href="#">Post Oak-A</a> 1:00-You Can Paint-Love Birds, Watercolor, <a href="#">Redbud</a> \$40 1:30-Rhythmic Hand Drumming with Derek, <a href="#">Wellness Rm.</a> 2:30-Hula Hoop, <a href="#">Elm</a> 2:30-ABCs of Photography with Terry Ip, <a href="#">Post Oak-A</a>	19 9:00-Mah Jongg <a href="#">Post Oak-B</a> 11:00-Games, <a href="#">Post Oak-B</a> 1:00-Origami, for Beginners <a href="#">Redbud</a> , \$2 1:00-Cooking Class- Pasta Primavera & Orange Kiss Me Cake, <a href="#">Kitchen</a> , \$15 1:30-42 Dominos <a href="#">Wellness Rm.</a>	20 9:00-Eight-Ball Pool Tournament, *Please arrive early to allow for enough play time, <a href="#">Cedar Lounge</a> \$2 10:00-Fly Casting with Russell, <a href="#">Wellness Rm.</a> 10:00-Bridge, <a href="#">Redbud</a> 10:00-Mah Jongg <a href="#">Post Oak-B</a> 1:30-Spuds & Show <a href="#">Post Oak-A</a> \$3
23 9:00-Craft Social, <a href="#">Redbud</a> 12:30-Melody Makers, <a href="#">Wellness</a> 2:30-Chair Volleyball <a href="#">PostOakA</a> 2:30-Hula Hoop, Beginners Encouraged, Hoops Available to Borrow During Class, <a href="#">Elm</a>	24 9:00-Bridge, <a href="#">Post Oak-B</a> 10:00-Open Play Texas Hold 'Em, <a href="#">Post Oak-B</a> 11:00-Games, <a href="#">Post Oak-B</a> 1:00-Mah Jongg 101, Play Feb 17 & 24, <a href="#">Redbud</a> \$5-Registration Required	25 9:00-Paper Roll Art Flowers <a href="#">Redbud</a> -\$2 10:00-Power Talk: Step Master Plan, <a href="#">Post Oak-A</a> 11:00-Games, <a href="#">Post Oak-B</a> 12:30-Music Sing Along, <a href="#">Redbud</a> 1:00-Tech Connect, <a href="#">Post Oak-A</a> 1:30-Rhythmic Hand Drumming with Derek, <a href="#">Wellness Rm.</a> 2:30-Hula Hoop, <a href="#">Elm</a>	26 9:00-Open Play Mah Jongg <a href="#">Post Oak-B</a> 11:00-Games, <a href="#">Post Oak-B</a> 1:00-Bingo, <a href="#">Post Oak-A</a> 1:00-Cooking Class- Baked Salmon and Iced Lemon Souffle, <a href="#">Kitchen</a> , \$15 1:30-42 Dominos <a href="#">Post Oak-B</a>	27 10:00-Fly Tying with Russell, <a href="#">Wellness Rm.</a> 10:00-Bridge, <a href="#">Redbud</a> 10:00-Mah Jongg <a href="#">Post Oak-B</a>

### Love & Laughter

Thursday, February 12 | 2 - 4 PM  
Post Oak Hall - A

A social afternoon where guests enjoy humor, fun activities, and a touch of Valentine's charm.

Registration Opens January 20.  
\$5 per person



### Intro to Fly Fishing

Fridays with Russel Husted  
Feb. 6, 20, and 27 at 10 AM

Discover the fundamentals of fly fishing with a professional, passionate, and fun instructor! Learn essential casting techniques, gear basics, and streamside tips to get you confidently started.

### Origami

Join Norma Eng, a well-experienced origami instructor who makes learning easy, fun, and inspiring! No experience needed, just a love for creativity.

Thursday, February 5 & 19 at 1 PM  
In the Redbud, \$2 per person

### Cricut

Hello Beginner Cricut Lovers! Join the joy of creativity in this hands-on class guided by the very skilled Beth Simon.

Learn how to cut and apply permanent vinyl onto a heart themed door plaque.

Thursday, February 12 at 10 AM  
In the Redbud, \$5 per person

## POWER TALKS

- Tuesday 3<sup>rd</sup> at 10 AM: Brett Oliver, Ram Insurance Services, Saving Money on Home & Auto During Retirement -Light Breakfast Provided, registration required, in Redbud.
- Thursday 5<sup>th</sup> at 1:30 PM: Smart Senior Series with Sr. Downsizing Experts "Be Prepared, Not Scared" in the Post Oak-A
- Wednesday 18<sup>th</sup> at 10 AM: Heart Health with Monica, Health Hive and free screenings from local nonprofit Black Heart Association, in the Post Oak-A
- Wednesday 25<sup>th</sup> at 10 AM in the Post Oak-A *Step Master Plan for Active Aging* with Dr Jason Meyer.
- Butch Headding with United Healthcare in the Social Lobby from 10 AM - Noon, Fridays February 13, 20, and 27. Have you Lost Your Doctor?

## COOKING & PAINTING CLASSES

### Step into a Culinary Experience with Grace at the ACTIV Kitchen!

Learn from a professional caterer, Grace Clearsen, and become empowered to execute each dish with bold flavors and fun!

#### Egg Frittata and Berry Pancakes

Thursday, Feb. 12 | 1-3 PM | \$15

#### Pasta Primavera and Orange Kiss Me Cake

Thursday, Feb. 19 | 1-3 PM | \$15

#### Baked Salmon and Iced Lemon Souffle

Thursday, Feb. 26 | 1-3 PM | \$15

### OIL PAINTING WITH CHRISTEN:

Wednesday, Feb 18 | 1-4 PM | \$40

You Can Paint "Love Birds" Watercolor

All supplies included, Redbud



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**FEBRUARY  
2026**

### SOCIAL SIDE HOURS: (WEST ENTRANCE)

Monday-Friday 8AM-5PM

### ACTIVE SIDE HOURS: (SOUTH ENTRANCE)

Monday-Friday 6AM - 8PM

Saturday 8AM - 5PM

Sunday 12PM-5PM

