

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>9:00-Craft Social, Redbud 11:00-First Cricut Class-Card Making, Redbud \$2.00 12:30-Melody Makers: Ukulele and Guitar, Redbud 1:30-Drum/Percussion Circle, Redbud 2:30-Hula Hoop, Elm</p>	<p>3</p> <p>9:00-Open Art Studio Creative Paint Space, Redbud, \$2.00 11:00-Power Talk Neuropathy Solutions w/Dr. Meyer, Post Oak-A 12:00-Games, Post Oak-B 1:00-How to Play Mah Jongg Workshop-1st & 2nd Tuesday, Redbud</p>	<p>4</p> <p>9:00-Hands-On Art, "Paper Roll Birds", Redbud \$2.00 12:00-Games, Post Oak-B 12:30-Music Sing Along, Redbud 1:00-Tech Connect, Post Oak-A 2:00-iPad basics Part 1, Post Oak-A 2:30-Walking Club Social Lobby</p>	<p>5</p> <p>8:45-Power Talk: Low Back Pain with Dr. Meyer Post Oak-A 9:00-Pinochle Post Oak-B 10:00-How to Crochet Redbud 12:00-Games, Post Oak-B 1:30-42 Dominoes Post Oak-B 2:30-Phone Photography Made Easy with Paul K., Redbud</p>	<p>6</p> <p>10:00-Beginner Bridge Series 2-hrs., Redbud 10:30-Experienced American Mah Jongg or Bridge, Post Oak-B 1:00-Veterans Social Group, Post Oak-A 1:00-First Cricut Class-Card Making, Redbud \$2.00</p>
<p>9</p> <p>9:00-Craft Social, Redbud 10:00-Power Talk-Medicare Supplement vs. Advantage Plan, Post Oak-A 12:30-Melody Makers-Ukulele & Guitar, Redbud 1:30-Drum/Percussion Circle, Redbud 2:30-Hula Hoop, Elm</p>	<p>10</p> <p>9:00-Book Club, Redbud 10:00-Understanding Dementia, Post Oak-A 12:00-Games, Post Oak-B 1:00-How to Play Mah Jongg Workshop 1st & 2nd Tuesday, Redbud</p>	<p>11</p> <p>9:00-Clay Creation-"Birds", Redbud, \$2.00 12:00-Games, Post Oak-B 12:30-Music Sing Along, Redbud 1:00-Tech Connect, Post Oak-A 1:30-First Cricut Class-Card Making, Redbud 2:00-iPad basics Part 2, Post Oak-A 2:30-Walking Club, Social Lobby</p>	<p>12</p> <p>10:00-How to Crochet, Redbud 12:00-Games, Post Oak-B 1:30-42 Dominoes, Post Oak-B</p>	<p>13</p> <p>8:30-Father's Day Nine-Ball Pool Tourney, \$2.00 9:00-Power Talk-Blood Pressure Health P. Oak-A 10:00-Beginner Bridge Series, 2-hrs., Redbud 10:30-Experienced American Mah Jongg, or Bridge, Post Oak-B 11:30-Birthday Karaoke, Post-A</p>
<p>16</p> <p>9:00-Craft Social, Redbud 12:30-Melody Makers-Ukulele & Guitar, Redbud 1:00-Bingo, Post Oak-A 1:30-Drum/Percussion Circle, Redbud 2:30-Hula Hoop, Elm</p>	<p>17</p> <p>9:00-Open Art Studio Creative Paint Space, Redbud, \$2.00 11:00-Power Talk-What is "AI"-Artificial Intelligence, Post Oak-A 12:00-Games, Post Oak-B 1:00-How to Play Mah Jongg Workshop 3rd & 4th Tuesday, Redbud</p>	<p>18</p> <p>9:00-Hands-On Art, "Prisma Colors", Redbud, \$2.00 11:30-Freedom Walk & Peach Cobbler, Post Oak-A \$2.00 12:00-Games, Post Oak-B 1:00-Bingo, Post Oak-A 2:30-Walking Club, Social Lobby</p>	<p>19</p> <p>10:00-How to Crochet, Redbud 12:00-Games, Post Oak-B 1:30-42 Dominoes, Post Oak-B</p>	<p>20</p> <p>10:00-Beginner Bridge Series, 2-hrs., Redbud 10:30-Experienced American Mah Jongg & Bridge, Post Oak-B 1:30-Spuds&Show, Post Oak-A</p>
<p>23/30</p> <p>9:00-Craft Social, Redbud 12:30-Melody Makers-Ukulele & Guitar, Redbud 1:30-Drum/Percussion Circle, Redbud 2:30-Hula Hoop, Elm</p>	<p>24</p> <p>9:00-Garden Club, Redbud 12:00-Games, Post Oak-B 1:00-How to Play Mah Jongg Workshop 3rd & 4th Tuesday, Redbud</p>	<p>25</p> <p>9:00-Games, Post Oak-B 9:00-Hands-On Art-Patriotic Rock Painting Redbud-\$2 10:00-Power Talk: Ask A Nurse, Post Oak-A 12:30-Music Sing Along, Redbud 1:00-Bingo, Post Oak-A 2:30-Walking Club, Social Lobby</p>	<p>26</p> <p>10:00-How to Crochet, Redbud 12:00-Games, Post Oak-B 1:30-42 Dominoes, Post Oak-B</p>	<p>27</p> <p>10:00-Beginner Bridge Series, 2-hrs., Redbud 10:30-Experienced American Mah Jongg, & Bridge, Post Oak-B</p>

UPCOMING EVENTS

Cue Up the Fun!

A Father's Day Pool Tournament

Friday, June 13; 8:30 AM–2 PM

Classic 9 Ball; Max 16 Players

Sign up at the Front Desk



Freedom Walk & Peach Cobbler

Wednesday June 18; 11:30 AM–1 PM

Post Oak Hall

Join us for a walk to honor
Juneteenth and enjoy some
delicious peach cobbler and ice
cream to celebrate afterward.

\$2/person



Stars & Scoops

Wednesday, July 3; 1–2 PM

Post Oak Hall

Enjoy delicious ice cream, great
company and a fun celebration of
independence, \$2/person.

Join us for fun, prizes, and friendly
competition—come shout

BINGO with us! \$2/person



Monday, June 16 at 1 – 2 PM

Wednesday, June 18 at 1 – 2 PM

Wednesday, June 25 at 1 – 2 PM



Birthday Karaoke & Cake!

Friday, June 13 at 11:30 AM

Better late than never—we're catching
up on birthdays from the start of the year!
Sing, laugh, and celebrate at karaoke,
brought to you by Health Hive.

POWER TALKS IN POST OAK-A

Tuesday, June 3 at 11:00 AM: *Neuropathy
Solutions* w/Dr. Jason Meyer, World Medical Group,

Thursday, June 5 at 8:45 AM: *Low Back Pain* with
Dr. Jason Meyer, Chiropractor DFW.

Monday, June 9 at 10:00 AM: *Medicare
Supplement vs. Advantage Plan* w/Medicare
University.

Tuesday, June 10 at 10:00 AM: *Understanding
Dementia-Early Clues* with Nurse Chaulinne, A&T
Moore Health.

Friday, June 13 at 9:00 AM: *Blood Pressure Health*
with Monica from Health Hive. Light Breakfast.

Tuesday, June 17 at 11:00 AM: *What is Artificial
Intelligence* with Sara & Bryce from City's
Information Technology Department.

Thursday, June 25 at 10:00 AM: "Expert Advice
from Geriatric Nurse Karen"

- Learn How to Crochet with Jean –
6-Week Class starts Thursday, June 5 at 10 AM.
- First Cricut Class with Beth - Card Making-
June 2, June 6, and June 11. Time varies.
- Beginner Bridge with Agnes from
starting June 6 from 10 AM-12 PM.
- Phone Photography Made Easy with Paul,
Thursday, June 5 at 2:30 PM.

You Can Paint–Christen Garden Art
Saturdays, June 21 & July 26

9:00 AM-12:00 PM

\$40.00 per class. Supplies included.

6/21 Acrylic-
Hydrangeas



7/26 Oil-Sail
St. John



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JUNE 2025

SOCIAL SIDE HOURS: (WEST ENTRANCE)

Monday-Friday 8AM-5PM

ACTIVE SIDE HOURS: (SOUTH ENTRANCE)

Monday-Friday 6AM - 8PM
Saturday 8AM - 4PM
Sunday 12PM-4PM

