

FALL 2026 - EAST AQUATICS SCHEDULE

East Library & Recreation Center - 1817 New York Ave. Arlington, TX 76010

LAP POOL

MONDAY

6 to 10 AM: Lap Swim

10 to 11 AM: Water Aerobics

12 to 1 PM: H2O Fitness

1 to 4 PM: Lap Swim

4 to 5 PM: Closed for Cleaning

5 to 7 PM: Closed for Swim Lessons

7:15 to 7:45 PM: Lap Swim

TUESDAY

6 to 9 AM: Lap Swim

9 to 10 AM: Gentle Joints

10 AM to 12 PM: Independent Therapy

12 to 1 PM: Aqua Zumba

1 to 4 PM: Lap Swim

4 to 5 PM: Closed for Cleaning

5 to 7 PM: Closed for Swim Lessons

7:15 to 7:45 PM: Lap Swim

WEDNESDAY

6 to 10 AM: Lap Swim

10 to 11 AM: Water Aerobics

12 to 1 PM: H2O Fitness

1 to 4 PM: Lap Swim

4 to 5 PM: Closed for Cleaning

5 to 7 PM: Closed for Swim Lessons

7:15 to 7:45 PM: Lap Swim

THURSDAY

6 to 9 AM: Lap Swim

9 to 10 AM: Gentle Joints

10 AM to 12 PM: Independent Therapy

12 to 1 PM: Aqua Zumba

1 to 4 PM: Lap Swim

4 to 5 PM: Closed for Cleaning

5 to 7 PM: Closed for Swim Lessons

7:15 to 7:45 PM: Lap Swim

FRIDAY

6 to 10 AM: Lap Swim

10 to 11 AM: Water Aerobics

12 to 1 PM: H2O Fitness

1 to 4 PM: Lap Swim

4 to 5 PM: Closed for Cleaning

5 to 6:45 PM: Open Swim

7 to 9 PM: Private Rentals

SATURDAY

8 to 9 AM: Lap Swim

9 AM to 12 PM: Closed for Swim Lessons

1 to 1:30 PM: Closed for Cleaning

1:30 to 4:45 PM: Open Swim

6:30 to 8:30 PM: Private Rental

SUNDAY

1:30 to 4:45 PM: Open Swim

6:30 to 8:30 PM: Private Rental

Water fitness classes included in Gold Membership.

All open swim guests must have a membership or purchase a guest pass.

Guest under the age of 14 must have an adult with them at all times.

Guests under the age of 6 need to have a person in the water with them.

Proper swim attire is required.

No food or drink allowed on pool deck.

Lap swim times are limited to swimmers 14 years or older, children under 14 are not permitted during lap swim times.

FALL 2026 - EAST AQUATICS SCHEDULE

East Library & Recreation Center - 1817 New York Ave. Arlington, TX 76010

DEEP POOL

MONDAY

6 to 10 AM: Fitness Swim
10 to 11 AM: Independent Therapy
12 to 4 PM: Fitness Swim
4 to 5 PM: Closed for Cleaning
5 to 7 PM: Closed for Swim Lessons
7:15 to 7:45 PM: Fitness Swim

TUESDAY

6 to 8 AM: Fitness Swim
8 to 9 AM: Deep Aqua Fit
9 to 10 AM: Fitness Swim
10 AM to 12 PM: Independent Therapy
12 to 4 PM: Fitness Swim
4 to 5 PM: Closed for Cleaning
5 to 7 PM: Closed for Swim Lessons
7:15 to 7:45 PM: Fitness Swim

WEDNESDAY

6 to 10 AM: Fitness Swim
10 to 11 AM: Independent Therapy
12 to 4 PM: Fitness Swim
4 to 5 PM: Closed for Cleaning
5 to 7 PM: Closed for Swim Lessons
7:15 to 7:45 PM: Fitness Swim

THURSDAY

6 to 8 AM: Fitness Swim
8 to 9 AM: Deep Aqua Fit
9 to 10 AM: Fitness Swim
10 AM to 12 PM: Independent Therapy
12 to 4 PM: Fitness Swim
4 to 5 PM: Closed for Cleaning
5 to 7 PM: Closed for Swim Lessons
7:15 to 7:45 PM: Fitness Swim

FRIDAY

6 AM to 4 PM: Fitness Swim
4 to 5 PM: Closed for Cleaning
5 to 6:45 PM: Open Swim
7 to 9 PM: Private Rentals

SATURDAY

8 to 9 AM: Lap Swim
9 AM to 12 PM: Closed for Swim Lessons
1 to 1:30 PM: Closed for Cleaning
1:30 to 4:45 PM: Open Swim
6:30 to 8:30 PM: Private Rental

SUNDAY

1:30 to 4:45 PM: Open Swim
6:30 to 8:30 PM: Private Rental

EAST LIBRARY & RECREATION CENTER
1817 New York Ave. Arlington, TX 76010
817-275-1351

POOL & FACILITY HOURS:
Monday thru Friday: 6 AM to 9 PM
Saturday: 8 AM to 6 PM
Sunday: 12 to 5 PM

