

JUNE SOCIAL SCHEDULE

Pricing is always shown per person. Please arrive early as all programs begin promptly on time. Room locations subject to change.

DAY TRIPS

LAVENDER FARM RIDGE

June 12 | 9 AM to 3:30 PM | \$22 | Gainesville

MOZZARELLA COMPANY CHEESE CLASS

June 13 | 10:30 AM to 4:30 PM | \$103 | Dallas

SPECIAL EVENTS

FREEDOM WALK & PEACH COBBLER

June 3 | 12:30 to 2 PM | \$2

Join us for a Freedom Walk with music, peach cobbler, and community in honor of Juneteenth.

TERRACE & TUNES - FOOD TRUCK FRIDAY

June 5 | 12 to 2 PM | \$3

Enjoy live music while you shop for tasty bites from local food trucks and participate in fun games!

POWER TALKS

SMART SENIOR SERIES: DOWNSIZING WITH DEMENTIA

June 4 | 1:30 PM | FREE | Registration Required | Post Oak A

ASK HANDITRAN TALK

June 12 | 10 AM | FREE | Registration Required | Redbud

PROTECT WHAT SHINES: JEWELRY & COLLECTIBLES INSURANCE OPTIONS

June 16 | 10 AM | FREE | Registration Required | Breakfast Included | Redbud

HEALTH HIVE

Liver Health | June 17 | 10 AM | FREE | Registration Required | Light Breakfast | Redbud

Medicare Talk 101 | June 24 | 9:30 AM | FREE | Registration Required | Light Breakfast | Redbud

SOLUTIONS FOR JOINT PAIN

June 25 | 11 AM | FREE | Registration Required | Redbud

COOKING CLASSES

SUMMER SALAD BAR

BABY GREENS, ROMAINE, & A BITTER FRISE W/ BANANA BREAD

June 4 | 1 PM | \$15 | Kitchen

CHICKEN CELLOPHANE NOODLE SALAD

GRAPES & WALNUTS W/ LEMON BARS

June 11 | 1 PM | \$15 | Kitchen

HOLIDAY CARVED FRUIT PLATTER

HANDS ON, BRING YOUR OWN SHARP KNIVES!

June 16 | 1 PM | \$15 | Kitchen

June 18 | 1 PM | \$15 | Kitchen

ENGAGE MONTHLY BREAKFAST

June 16 | 8:15 AM

Breakfast is pay on your own

Meet at Skillet & Grill

1801 W. Division Street

GARDEN CLUB

Second Tuesday | 1 PM

BIKE CLUB

Second Tuesday | 9 AM

Meet off-site to try local trails together. Register to learn more!

TECH CONNECT

June 3 & 17 | 1 PM

FREE | Post Oak A

BINGO

June 9 & 25 | 1 PM

\$2 | Post Oak A

SPUD AND SHOW

June 19 | 1:30 PM

\$3 | Post Oak A

Enjoy a baked potato and a movie!

BOOK CLUB

June 9 | FREE | Wellness Room

Morning Meeting: 9 AM

Afternoon Meeting: 3:30 PM

TABLETOP GAMES

CEDAR LOUNGE

CARDS, PUZZLES, BOARD GAMES, & MORE

Monday thru Friday | 10 AM | FREE

POOL TOURNAMENTS

Nine Ball | June 12 | 9 AM | \$2

Eight Ball | June 19 | 9 AM | \$2

WELLNESS ROOM

PING PONG

Tuesdays & Fridays | 1:30 PM | FREE

PING PONG TOURNAMENT

June 18 | 1 PM | \$2

POST OAK B

LEARN TO PLAY TEXAS HOLD 'EM

Mondays | 9 AM | FREE

OPEN BRIDGE

Tuesdays | 10 AM | FREE

CHINESE MAH JONGG

First & Third Thursday | 9 AM | Free

AMERICAN MAH JONGG

Thursdays | 9 AM | Free

Fridays | 10 AM | Free

42 DOMINOES

Thursdays | 1:30 PM | FREE

EXPERIENCED BRIDGE

Fridays | 10 AM | FREE



ACTIV CENTER

2061 West Green Oaks Boulevard

817-575-3400

NaturallyFun.org

ARTS & CRAFTS

CRAFT CLASSES

FLOWER ROCK PAINTING

June 3 | 9 AM | \$4 | Wellness Room

AMERICAN FLAG PAINTING

June 10 | 9 AM | \$4 | Redbud

JUNETEENTH SUNRISE

June 17 | 9 AM | \$4 | Redbud

MACRAME WALL HANGING

June 24 | 9 AM | \$4 | Redbud

ORIGAMI CLASSES

ORIGAMI MASU, STAR, & CANDY BOXES

June 11 | 1 PM | \$3 | Redbud

PUFFY, MAGIC STARS/ORIANA STARS

June 25 | 1 PM | \$3 | Redbud

CRAFT SOCIAL

BRING YOUR OWN CRAFT PROJECTS

Mondays | 9 AM | Redbud

PHOTOGRAPHY CLASSES

THE 3 PILLARS OF PHOTOGRAPHY: EXPOSURE, TRIANGLE, & COMPOSITION IN DEPTH

PARTICIPANTS MUST TAKE BOTH CLASSES

Photography Theory | June 10 | 11:30 AM to 12:30 PM | FREE | Redbud

Elevation & Critiques | June 17 | 11:30 AM to 12:30 PM | FREE | Redbud

MUSIC PROGRAMS

MELODY MAKERS

Every Monday | 12:30 PM | FREE | Post Oak B

RHYTHMIC HAND DRUMMING

Every Wednesday | 1:30 PM | FREE | Redbud

SING ALONG WITH BILL

June 3 | 12:30 PM | FREE | Post Oak B

June 17 | 12:30 PM | FREE | Redbud

BIRTHDAY KARAOKE

June 12 | 12:30 PM | FREE | Post Oak A

FITNESS PROGRAMS

CHAIR VOLLEYBALL

Mondays & Wednesdays

2:30 PM | FREE | Post Oak A

HULA HOOP

Mondays & Wednesdays:

2:30 PM | FREE | Elm

ACTIVE SIDE HOURS:

Monday thru Friday: 6 AM to 8 PM

Saturday: 8 AM to 5 PM

Sunday: 12 to 5 PM

SOCIAL SIDE HOURS:

Monday thru Friday: 8 AM to 5 PM

Saturday: Closed

Sunday: Closed