

Personal Safety



Officer M. Reeves #2967
Arlington Police Department
Crime Prevention Unit
Community Engagement Division

Objectives

- Safety while walking
- Safety while driving
- Safety at home
- Safety while shopping
- Protection from Scams



Safety while walking

- Avoid walking alone, especially after dark.
- Walk with others, if possible.
- Walk in well-traveled, well-lit areas.
- Know safe places to go if you are ever in trouble.

Safety while walking

- Always tell someone where you are going and when you'll be back.
- Carry a cell phone.
- Avoid listening to headphones.



Safety while driving

■ Before getting in...

- Always service your vehicle.
- Visual check of the interior/exterior.
- Have your keys ready.

■ Once inside...

- Lock your doors, put on safety belt, and start the car.

Safety while driving

- Stay on well-lit roadways.
- Know your surroundings.
- Let someone know where you're going if going someplace new or unfamiliar.



Safety while driving

- Do not engage in road rage.
- Do not pick up hitchhikers.
- If someone starts to follow you, drive to the nearest police or fire station and call 9-1-1.

Car Trouble

- If possible, continue to nearest public area.
- Turn flashers on, put up hood and stay in vehicle.
- If approached, roll down window 1-2”.

Car Trouble

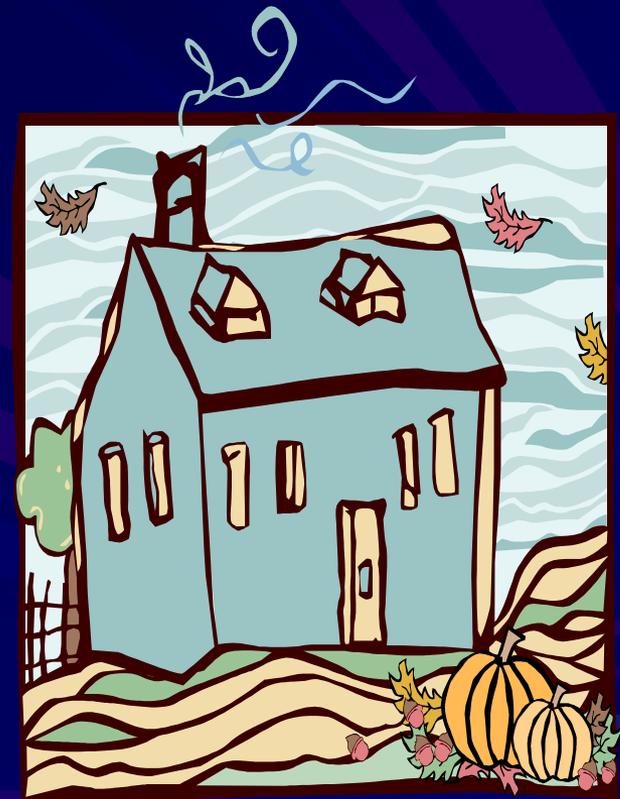
- Never stop to aid a stranded motorist.
- Never let a stranger help you if you are the stranded motorist.
- Call roadside assistance or 9-1-1 for assistance.

Safety at Home

- Have your house keys ready.
- Wait in your vehicle until the garage door is completely down.
- Do not enter your house if your door is unlocked, open or kicked in.

Safety at Home

- Leave outside lights on during the night.
- Always keep doors locked.
- Don't open door to strangers.
- Alarm house every time you leave.



Safety at Home

- Do not hide spare key outside.
- Always keep windows locked. Check windows after maintenance/repair work.
- Make sure security bar is put back in place after using sliding glass doors.

Safety at Home

- Appear to be occupied when away from home.
 - Leave lights on (inside/outside).
 - Leave radio on.
 - Keep garage door down.

Safety While Shopping

■ Parking Lots (stores/school):

- Park in well lit areas close to front doors.
- Do not talk on cell phone while walking.
- Be cautious of someone asking for help near or around their car.

Safety While Shopping

■ Parking Lots:

- If dark or feel uncomfortable, have an escort to your car.
- Always lock your car doors.
- Don't leave any items in plain sight.
- Lock packages in trunk or hide them.
- Do not leave vehicle running and unattended.

How do I protect myself from scams?

- If you do not initiate contact, do not purchase anything.
- Do not buy from an unfamiliar company. If on-line look for security features.
- Do not sign contracts without going over it with a trusted person.

How do I protect myself?

- Do not withdraw large amounts from account or give money to a stranger asking for help or telling you a sad story.
- Do not send money or give out your credit card or account number to anyone unless you initiated the contact.

Remember...

If it sounds too good to be true, it probably is!!

Any Questions?

I'm here to help!



Officer Marisa Reeves

2001 New York Avenue
Arlington, TX 76010

817-459-5817

Marisa.Reeves@arlingtontx.gov