

Active Adult April 2023

3200 Norwood Lane, Arlington

MONDAYS

Craft Group 9 to 11 AM

Chair Exercise w/Susie 10 to 11 AM

Ukulele Band 12:30 to 2 PM

Line Dance w/Alison 1 to 2 PM

Bridge Lessons on Tuesdays 9-11AM Call Nancy B. if you're interested 817-291-3156

WEDNESDAYS

Chair Exercise w/Susie 10 to 11 AM

Bridge Group 11:30 AM—2:30 PM



Free tax preparation assistance for individuals and households with an annual income of \$60,000 or less.

JANUARY 17 - APRIL 15 | EAST LIBRARY AND RECREATION CENTER.
APPOINTMENTS ARE WALK-IN ONLY, FIRST COME, FIRST SERVED.

APPOINTMENT TIMES

MONDAY

10 a.m. - 3 p.m.

WEDNESDAY

10 a.m. - 3 p.m.

SATURDAY*

9 a.m. - 2 p.m. Available Jan. 21, Feb. 4, Feb. 18, Mar. 4, Mar. 18, Apr. 1, Apr. 15

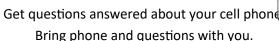


CELL PHONE HELP @ Dottie

Cell Phone Help with Kevin Brown

Wednesdays April 5 & May 3

at 1:30-2:30 PM



\$5 per person.

Must Pre-register. 817-575-8295

Murder Mystery High Tides & Good Vibes

Saturday April 1 from 3:00 to 5:00 PM Fee \$20 per person

t's time to attend the party of the year. Any by party we mean MURDER! You'll socialize and schmooze with beach-combers. Secrets will be revealed, a homicide will happen, and you'll find sand in places where sand doesn't belong.

And right after....

Block Party with Butch

Saturday April 1 from 5:00 to 7:00 PM Free Event

Cliff Nelson Recreation Center 4500 W. Bardin Road Free tasty smoked meats & drinks. Call 817-561-2819 to register.

Hollywood Glam Senior Prom

Friday April 21, from 4:00 to 7:00 PM East Library & Rec Center 1817 New York Ave.

Must pre-register. Call 817-575-8295.
Free event sponsored by Butch
with United Healthcare





ADULT DAY TRIPS & EVENTS



FUN MEVER GROWS OLD ARLINGTON'S EVENTS & ADVENTURES FOR MORE ACTIVE ADULTS!

For more information contact Susie.Traylor@ArlingtonTX.gov or call 817-575-8295

SPRING 2023 Adult Day Trips

MARCH

TOP OF HILL — MEET THERE
Arlington Vegas before Vegas
3301 West Division
Rates 4.9 out of 5

Tuesday, March 28
9:45A—Noon \$10/person
OR
\$18/person w van transportation
from Dottie

APRIL

FW JAPANESE GARDENS 36472

Thursday April 6 EAST 9A-3P \$35/person

BLUEBONNET TRAILS 36852

Thursday, April 13 Ennis Date may change based on Bloom schedule.

DOTTIE 9A-4P \$20/person

ENNIS BLUEBONNET FESTIVAL

Saturday, April 15 VAN #36633 ELZIE 9A—4P \$18/person

CRAZY WATER FACTORY 36851

Tuesday, April 18 DOTTIE 9:00A—4P \$22/person

DALLAS HERITAGE VILLAGE** 37701

Thursday, April 20 CLIFF 11A-5P \$25/person

GRANBURY WINE WALK

Saturday, April 22 VAN <u>36632</u> ELZIE 9A—4P \$45/person

DALLAS BLOOMS@ARBORETUM

Tuesday April 25 36476 EAST 9A-3P \$35/person

MAY

ON GOLDEN POND @ THEATRE ARLINGTON, MEETUP* 36853

Sunday, May 7 \$26/person Meetup 1:30 PM to 4:00 PM

RIVER RANCH — DENTON

Thursday May 11 Dallas EAST 9A –3P \$35/person

HOLOCAUST MUSEUM

Thursday May 18 Dallas EAST 9A –3P \$32/person

LAVENDAR RIDGE FARMS 36854 GAINESVILLE-LUNCH INCLUDED

Friday, May 26 DOTTIE 9AM TO 4P \$40/INCLUDES LUNCH

JUNE

DOWNTOWN GRAPEVINE -36853

Thursday June 8, 9am-3p BOB DUNCAN \$18/person

AFRICAN AMERICAN MUSEUM Gus' Fried Chicken for Lunch

Thursday June 15 Dallas EAST 9A –2P \$23/person

DENTON-Courthouse, Bayless Selby House & African American Museum in Denton

Thursday June 22; 9A-4P BOB DUNCAN \$30/person

6th FLOOR MUSEUM@DEALY PLAZA-KENNEDY LEGACY

Thursday June 29 Dallas TBD EAST 9A –2P

BOB DUNCAN CENTER

2800 South Center 817-465-6661
EAST LIBRARY & REC CENTER
1817 New York Ave 817-275-1351
CLIFF NELSON REC CENTER
4600 W. Bardin Road 817/561-2819
DOTTIE LYNN REC CENTER
3200 Norwood 817-277-5001
ELZIE ODOM REC CENTER
1601 NEGreen Oaks 817-459-6434

MONTHLY BREAKFASTS

Monthly Breakfast @ Skillet N Grill, 1801 W. Division Street.

Tuesdays - Meet There 8:15AM

Food Separate Apr 18, May 16 & June 20.